

TRAIL RUN IN THE VREDEFORT DOME

Come test your mettle against the mountains of the Vredefort Dome in the Deelfontein Dome Fest Mountain Trail Run! In the beautiful natural bushveld environment of the Dome, you have 4 distances - 5, 12, 20 and 35 - to choose from to suit your level of fitness. Go for a challenging and grueling run of 35km, or treat yourself to a leisurely jog with breathtaking views over 5 or 12km. The Deelfontein trail run aims to be fun and green and intimate, doing away with the hype and bustle of the large events. Enjoy the run, and a swim and braai afterwards.

Info: www.deelfontein.co.za under *Events*

Booking: No pre-entry. Entries from 6h30

Accommodation available!

Bring your meat, we supply the fire!